

Seniors' week

Free Learning Presentation

ALZHEIMER'S & DEMENITA SIGNS, SYMPTOMS & PREVENTION

Learn the signs and symptoms of dementia as well as health and lifestyle tips and tricks to help prevent dementia and Alzheimer's.

Presented by the Alzheimer's Society of Alberta. Presentation in English, questions can be answered in Mandarin and Cantonese as well.

Tuesday, June 2, 2026

11am-12pm

Drop in: In person at Sage Seniors Association or online via Zoom <https://zoom.us/j/6578782877>
Meeting ID: 657 878 2877

June is all about seniors - join us!

**Celebrate, learn
and show pride!**

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